



# GIRLS ON THE RUN IS SO MUCH FUN!!

Girls on the Run Big Bend is an after-school program like no other! One to two times a week for 8 weeks, girls have fun, make friends, increase their physical activity levels, and learn important life skills. Trained and caring coaches lead girls in the 3rd-8th grades through interactive lessons in a mastery climate. Sign your daughter up today to see an Improvement in GOTR'S 6 C's.

- Competence
- Character
- Confidence
- Care
- Connection
- Contribution

## Sign up today for our Fall 2020 Season in the way that is best **your family.**

Maintain the connections you gain from in-person programs while remaining socially distant by joining one of our three teams at the Tallahassee Jrs. Volleyball Training Facility ([2380 Industrial Plaza Dr. Tallahassee, FL 32301](#))

- Pink: Sunday 5:00-6:45PM
- Green: Sunday 5:00-6:45PM
- Blue: Sunday: 5:00-6:45 PM

Help her enjoy all the GOTR fun while keeping her safe in the comfort of your own home.

- GOTR Goes Virtual: Tuesdays and Thursdays 4:15-5:00 PM

GIRLS ON THE RUN IS FOR **EVERY** GIRL

# GOTRBIGBEND.ORG

## REGISTER **NOW** ONLINE

Questions? Email [volunteergotrbb@gmail.com](mailto:volunteergotrbb@gmail.com) for more information.

Registration is first come first serve

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# FALL SEASON OCT. 5- DEC. 5